

Program Second Global Kum Nye Festival

Healing and Transformation through Kum Nye

October 12 – 13 2024

Saturday October 12th

Session 1: Healing and transformation in all three levels

9 am – 10:15 am PDT

Moderator: Jonathan Clewley (United Kingdom)

- 10' Introduction to the weekend: Theme Healing & Transformation; widespread international nature of KN. Introduction to its natural progression: 3 levels, 3 books. (J Clewley)
- 30' The Three Levels of Kum Nye Relaxation in Theory and Practice (J Clewley)
- 35' Kum Nye Dancing as a way to the Third Level of Kum Nye Relaxation; Andis Egle (USA)

10.15-10.30 am PDT

Break

Session 2: Healing and transformation in Kum Nye Relaxation

10:30 am – 12 pm PDT

Moderator: Anja Nogaitzig (Germany)

- 05' Healing and transformation in Kum Nye Relaxation the first book - *Anja Nogaitzig*
- 15' Stephanie Brandl (Tenerife – Spain)
- 15' Stig Albansson (Sweden)
- 15' Angelika Menzel (Germany)
- 25' Practical - dealing with blockages and KN Massage - Matt Padwick (Ireland)

Sunday October 13th

Session 3: Healing and transformation in Joy of Being

9 am – 10:15 am PDT (75 minutes in total)

Moderator: Inge Barmiento (The Netherlands)

- 05' Introduction to the session by Inge
- 10' Presentation of KN website – Donna Morton (USA)
- 05' Healing and transformation in Joy of Being - Inge Barmiento
- 20' Bea Fleck (Brazil)

- 15' Practical/Theory - How Joy differs from 1st book – Monique Verschuuren (The Netherlands)
- 20' Theory/ applications. Kum Nye gestures and their and their synergies with Tibetan Buddhist Iconography. Liza Weber (UK)

Session 4: Applications of Kum Nye and Healing and Transformation in Kum Nye Dancing

10:30am – 12 pm PDT

Moderator – Betina Wendlinger (Brazil)

- 5' Introduce the panel
- 35' Applications of Kum Nye – panel
 - 1 – Kum Nye in time of war - Itzhak Preiss (Israel)
 - 2 – Kum Nye being a refugee – Olena Zhylinkova. (Ukraine/Denmark)
 - 3 – Kum Nye in other Nyingma study fields - Elske van de Hulst (The Netherlands)
 - 5 – Kum Nye at hospitals - Thieu Berkhout (The Netherlands)
- 05' Healing and transformation in Kum Nye Dancing – Betina Wendlinger (Brazil)
- 30' Practical Exercises from book 3- KND – Andis Egle
- 05' Conclusions:

Prayer for Rinpoche / Prayer for worldpeace